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Folly Beach Dances – ‘Healing’ Coffee Table Book Captures a Perfect Day at the Beach

May 1, 2014, St. Louis MO...A day spent on the beach is a universally relaxing and joyful experience. In their new “healing” coffee table book -- ***Folly Beach Dances – The Infinite Rhythms of a South Carolina Seashore***— husband-and-wife photography duo Sheree and Russell Nielsen will transport readers back to the beach to reclaim and revisit these powerful emotions.

Folly Beach Dances combines the couples’ love affair of Folly Beach, South Carolina along with splendid photography, literary reflections, and interpretations from five award-winning women authors.

Inspired by the transformative power of the ocean—and co-author Sheree Nielsen’s lymphoma diagnosis — they have created a healing coffee table book that tells the story of sandpipers, babies, dogs, and even beachside structures as they move in rhythm with the changing tides and shifting sands.

“Our mission for the book is one of serenity, healing, and relaxation,” says Sheree. “The photography and poetry offer an escape to the seashore – no matter where you are or whatever your worries.”

Diagnosed with lymphoma in June 2012, Sheree Nielsen is donating a portion of the proceeds to the Leukemia and Lymphoma Society.

Folly Beach Dances is published by Ocean Spirit Photography and can be purchased at <http://www.beachdances.com> or by calling 314-954-3845. (Hardback, full-color photos, 88 pages)

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Folly Beach Dances – ‘Healing’ Coffee Table Book Captures a Perfect Day at the Beach First and Final Add

Sheree K. Nielsen, an award-winning writer, poet and photographer. She freelances for *Missouri Life*, *AAA Midwest Traveler*, *AAA Southern Traveler*, *AAA Carolina Go! Magazine*, and leads photography/writing workshops for veterans in conjunction with the Warrior Arts Alliance. She’s been published in magazines, newspapers, anthologies and websites across the nation and Caribbean.

Russell A. Nielsen, a Senior Network Support Manager for AT&T, with more than 25 years of communication experience, is also an award-winning photographer. His photo of a pregnant black-tip reef shark has been featured in *Caribbean Travel and Life*, and *The Abaconian*.

The couple resides in Wentzville Missouri with their four animal children.

Contributing Authors

- Marcia Gaye, Poet, Songwriter, Memoirist, St. Charles, Missouri
- Patt Hollinger Pickett, Ph.D. The Marriage Whisperer™, Lake St. Louis, Missouri
- Mary Horner, Communications Professor, St. Charles Community College, St. Peters, Missouri
- Tina Solomon, Songwriter, Small Business Owner, Dardenne Prairie, Missouri
- Pat Wahler, Grant Writer, St. Peters, Missouri

Praise for Folly Beach Dances

“Folly Beach Dances evokes beautiful imagery, touching on all the senses. Viewing the gorgeous photography and reading the lyrical prose will have you smelling salty air and feeling sand between your toes. It's the perfect antidote for a cold winter day as it will transport you to the lush South Carolina Lowcountry and a summer spent along the Atlantic Ocean in Folly Beach.”
~Karen White, *New York Times* bestselling author of *Return to Tradd Street*

"A breathtaking visual treat. Nielsen has the unique ability to turn a 2D photo collection into a 3D experience." ~Sandra Carrington-Smith, bestselling author of *The Book of Obeah*

“A wonderful collection of photos that evoke a sense of freedom and happiness. Each image allows the viewer to get lost in a peaceful place, completely unchained from life's burdens. With the skies, sand, waves and wildlife, no sea shell is required to hear the sounds of the beach.” ~Max Gersh, staff photographer, Rockford Register Star

“If this book doesn't make you grin, you should see a doctor. My cousin manages an extraordinary feat in her latest work. Her photos evoke the power of Mother Nature and our relationships, all the while reminding us of the true meaning of life on the beach: copious amounts of fun.” ~Joe Palazzolo, reporter, *The Wall Street Journal*

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